# Process Evaluation of an Oral Health Literacy Curriculum:

Digital Design Feedback from Three Different Target Audiences

James Coyle, PhD
Valerie A. Ubbes, PhD, MCHES

Miami University

Oxford, OH

## **Background Information**

- O Funding: Project is part of interdisciplinary grant across 2 colleges and 2 centers
- O Focus: Functional Health Literacy
- <u>Innovation</u>: Oral Health Literacy for emergent and low literacy audiences

### Whereas

- The World Health Organization states that **health literacy** is the number one predictor of health status and life quality;
- Healthy People 2020 (U.S. Department of Health and Human Services) shows **oral** health as one of the top 12 indicators of our nation's health with the concern that only 44.5% (age adjusted) of people age 2 and older had a dental visit in the past year [and evidence shows that heart disease and diabetes starts in the mouth].

## **Design Solutions**

### Identified Problems with a Shift to Solutions

- Need for a skill-based curriculum for health, not only a fact-based approach;
- Need for health literacy to become the "new" health education because of the No Child Left Behind (2002) policy to teach children reading (and writing) skills. And now the revised ESSA policy (Every Student Succeeds Act, 2015) shifts regulatory power from the federal level to the states to regulate school performance with the potential "to put education policies into place that connect health and learning" (healthyschoolscampaign.org) and "focus on the whole child by acknowledging the importance of mental health and wellness"; and
- Need to focus on the "sine qua non" of healthy lifestyles **daily patterns, health habits, and routines** with the essential motivating beliefs, reasoned actions, and intentions "to do" those Habits of Health and Habits of Mind (Ubbes, 2008).

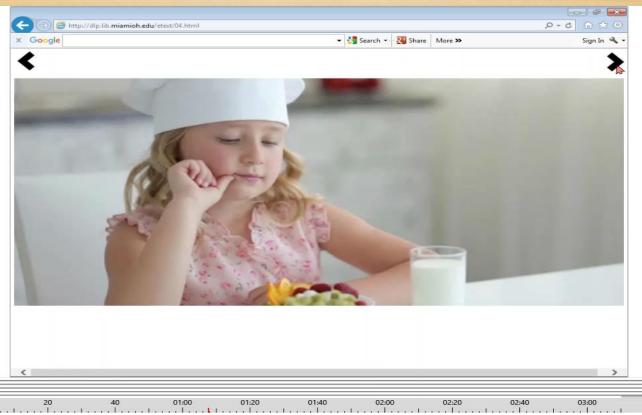
## Other Design Solutions

- Need for social modeling of skills even the thinking and talking about health AND
  the doing of healthy habits in the form of behaviors. Hence, realistic action
  photographs and declarative skill-based scripts were integrated.
- Need for a positive-frame message design instead of a negative-frame message design which is prevalent in the daily media.
- How-to videos or DVDs go too fast when demonstrating the multiple "thinking and doing" plans that children will practice to do "just one" healthy habit, so self-paced learning of health skills and literacy skills becomes a key feature of the design. Hence, we wanted the developmental learner to control the learning pace.



	20	40	01:00	01:20	01:40	02:00	02:20	02:40	03:00	
	aralara.	Lecenteres	Level Level		Li ci i Li ci i c	Learn Laren			L L L L	
itimulus: Etext			Exposure tim	Exposure time: 03:10		parent 3 Anonymous 19-06-17 14h11m			00:00:519 Speed	

2017 Health, Wellness, & Society Conference, Denver, CO



20 40 01:00 01:20 01:40 02:00 02:20 02:40 03:00 parent 3 Anonymous 19-06-17 14h11m Stimulus: Etext Exposure time: 03:10 01:07:870 Speed 1x

2017 Health, Wellness, & Society Conference, Denver, CO

### Phase 1

- o Feedback led to design modifications
  - Larger photographs
  - Audio recording
  - Animation

### Phase 2

Usability Testing and Eye Tracking

## Phase 1 and Phase 2 Slide Designs

I <u>decide</u> to chew sugar-free gum with my brothers because it is better for our teeth.





I <u>decide</u> to keep my teeth healthy by drinking milk every morning with my brother.

### Phase 1

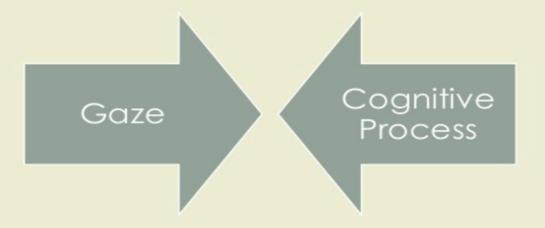
- o Feedback led to design modifications
  - Larger photographs
  - Audio recording
  - Animation

### Phase 2

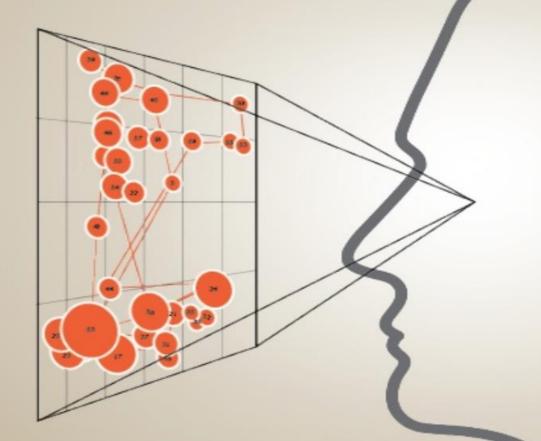
Usability Testing and Eye Tracking

### **Eye-Mind Hypothesis**

"there is no appreciable lag between what is fixated and what is processed" - Just and Carpenter



### **Eye-Tracking Metrics**





#### ENGAGEMENT

Number of fixations Total dwell time Percentage of time on an area



#### **PROCESSING**

Fixation durations



#### FINDABILITY

Time to first fixation Number of fixations prior to first fixation



#### PROCESSING ORDER

Gaze path

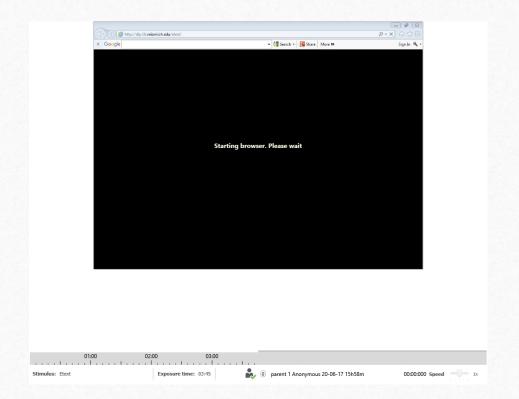


#### COMPREHENSION

Repeat fixations



WORKLOAD/EXCITEMENT
Pupil dilation



2017 Health, Wellness, & Society Conference, Denver, CO

### Phase 2

- Usability Testing and Eye Tracking
  - Visual interaction with design elements occurred as expected.
  - Differences in visual processing between teachers and parents after audio icon clicked.

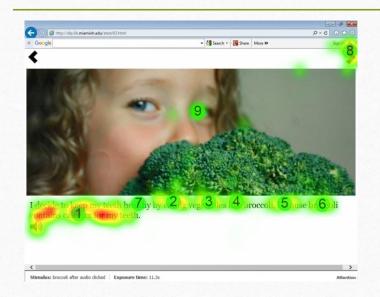
### Phase 2

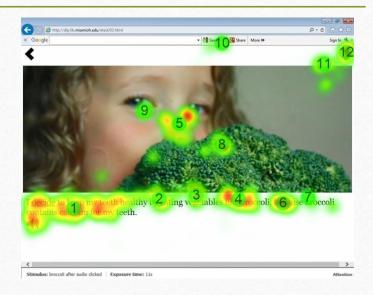
- Usability Testing and Eye Tracking
  - O Visual interaction with design elements occurred as expected.
  - Differences in visual processing between teachers and parents after audio icon clicked.

## Visual Processing Differences

	Overall				
	Time on text	Time on picture			
Teachers	63%	13%			
Parents	57%	21%			
	After clicking on audio icon				
	Time on text	Time on picture			
Teachers	62%	15%			
Parents	55%	26%			

## Visual Processing Differences





### Discussion

### Design Principles at Play

- Multidisciplinary
- Multigenre
- Multisensory

### Research Reflection

### **Questions that Emerged**

- What are the cumulative effects of reading 10 pages of an E-Text for Health Literacy (one chapter of an eBook) when the child "reads" the words, pictures, and body language of the human role model in the photographs *without listening to a narrator read the words?*
- O How does paired reading (2 people side-by-side in unison) influence reading fluency, comprehension, & health behavior versus technology-assisted reading (sound narration)?
- What do children remember about the images, words, and sounds associated with one page of an E-Text when they control the tempo of the learning episode by mouse clicks?
- O How do scores on a VARK Inventory [Visual-Auditory-ReadWrite-Kinesthetic] help us understand how people interact with an eBook for Oral Health Literacy? Do children with higher kinesthetic scores report more intentions to do an oral health behavior?

### References

Digital Literacy Partnership Website with 3 Databases to promote literacy, health, & technology. <a href="http://dlp.lib.miamioh.edu">http://dlp.lib.miamioh.edu</a>

Tzoc, E. & Ubbes, V.A. (2017). The Digital Literacy Partnership Website: Promoting interdisciplinary scholarship between faculty, students, and librarians. *New Review of Academic Librarianship*, <a href="https://doi.org/10.1080/13614533.2017.1333013">https://doi.org/10.1080/13614533.2017.1333013</a>

Ubbes, V.A., Coyle, J., & Tzoc, E. (2017). Evaluation of the Digital Literacy Partnership and eBook for Health. EHS Interdisciplinary Research Seed Grant. Miami University, Oxford, OH.

Ubbes, V.A. (2008). Educating for health: An inquiry-based approach to preK-8 pedagogy. Champaign, IL: Human Kinetics